

Unit 6: Assertiveness, Rights & Respect

Number of Pages (Students Workbook)	50	Videos	5
Number of Pages	59	Interactive Exercises	2
(Trainer's Manual)			
Supporting Documents	1	Price (ex VAT/delivery)	£75

Table of Contents

Standing up for yourself

Passive Assertive Aggressive

Bullying

If you are being bullied

Respect

Respect for other people Respect for property Respect for yourself

Your rights at work







